

## Frequently Asked Questions

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Q: How much do services cost?

A: The services provided by iCanTrain are free for clients and employers. iCanTrain receives funding from the state.

Q: How long are services provided/How long does a participant remain “active client” of your agency?

A: The services are provided by iCanTrain are based on each individual’s needs as they relate to employment. Therefore, the length of time may differ for every person. The average time that a person works with iCanTrain is 10-12 months. This timeframe includes all aspects of services from intake appointment to job-readiness training to placement and coaching.

Q: What will an “Employment Specialist” do for me when my case is open?

A: An Employment Specialist is a trained career counselor who works with people with disabilities to help them gain the employment they are looking for. If the individual is not sure what they are looking for, the Employment Specialist can help them assess their skills and come up with some possible jobs to look into.

For more information, read our Handbook for Employment Services



iCanTrain

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## Services for Job Seekers through iCanTrain

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Work is an important part of adult life.

People often identify themselves by the work that they do. A job can provide a sense of accomplishment and pride and has a huge effect on our lives.

Finding the right job is not always easy, but with support from iCanTrain, we can make this process less stressful.

Individuals requesting services from iCanTrain must be connected to the Alabama Division of Rehabilitation Services (ADRS).

*iCanTrain*

*Let's get started!*

## To Get Stated

To Get Started, located your nearest ADRS office. Once you have located an office refer yourself or someone else for services.

Can't find an ADRS office, call iCanTrain and we will assist you with finding an ADRS office in your area.



## Overview of Services

Professional Employment Services Specialist work on-one with qualified individuals with disabilities to provide an array of supported employment programs and services including:

- **Career Counseling:** iCanTrain will engage participants to identify and determine employment skills and interests to develop short and long term career goals.
- **Job Training and Preparation:** Development and preparation services are individualized services that assist individuals with disabilities seeking employment to develop skills, attitudes, interpersonal skills, work behaviors, and functional capacities to achieve identified employment goals. iCanTrain also offers job readiness workshops to address some of these seeking skills.
- **Job Development and Placement:** iCanTrain uses information about each participant seeking employment to target the types of jobs available from potential employees in the area. Job development activities include contacting the local Career Center and building networks to develop and identify job opportunities, and assisting the individual in finding jobs and employers well matched to their employment goals.
- **Job Coaching and Support Services:** Once an individual is placed into employment, iCanTrain provides job training and coaching services to ensure long term success on the job. Job site training services include assisting the individual with performance on the new job task and helping them understand job culture and industry practices, and work behaviors expected by the employer.

## Eligibility for Services

iCanTrain serves as individuals residing in Monroe or surrounding counties who have a documented disability that may include development, cognitive, mental, and physical disabilities and are:

- 18 years old or older
- Motivated to work and meet employer expectations
- Able to achieve independence after initial training period
- Able to provide transportation
- Connected to ADRS services

It should be noted that there are times that there may be a wait time to deem eligibility and receive services .



*Eligibility of Services*